

Natural Remedies for Fertility

For Women and Men

Blackseed, Fenugreek, Radish Seed Remedy for Fertility

1. Mix equal amounts of ground blackseed, ground fenugreek, and ground radish seed with 1 tbs. of honey.
2. Eat first thing in the morning for 1 week.

For Women

Red Clover flower infusion

1. Place 1 oz. of dried red clover flower in a quart container (glass jar is best).
2. Fill the jar to the top with boiling water.
3. Cover and infuse for 4 hours.
4. Drink throughout the day for several months.

Red Clover flower and Red Raspberry Leaf Infusion

1. Place ½ oz. of dried red clover flower and ½ oz. of dried red raspberry leaf in a quart container (glass jar is best).
2. Fill the jar to the top with boiling water.
3. Cover and infuse for 4 hours.
4. Drink throughout the day for several months.

For Men

Low Sperm Count

1. Juice 4 large onions and blend with 2.2 lbs of chopped red onion.
2. Filter and mix with 2.2 lbs. of honey.
3. Take 1½ tsp. on an empty stomach daily until it is gone.

This remedy also strengthens the immune system, helps sexual weakness, and helps stomach and colon cancer.